

The 11-Day Human Upgrade Constellation™

A guided inner + outer beauty experience organized around meaningful choice, disciplined practice, sensory preference, and honest reflection.

RESET · IGNITE · INTEGRATE

VERSION 1.3 · ANGELS EDITION · AUGUST 2026

A visible map of disciplined practice.

The Human Upgrade Constellation™ is the visual language of the 11-Day experience. Each day focuses on one capability and illuminates one node after the participant completes, modifies, or intentionally ends the practice.

The constellation does not diagnose, measure, rank, or guarantee a human outcome. It records participation, reflection, and the completion of a guided practice.

THE OPERATING PRINCIPLE

One method. One recommended next step. Multiple responsible ways to experience it.

WHO ARE THE ANGELS?

DuME™ BEAUTY Angels is an application- and invitation-based participant program for adults age 18 and older. Angels are welcomed across all genders and adult generations, with no upper age limit.

Angel status recognizes contribution to controlled learning through good-faith participation and brief voluntary feedback. It is not a certification, endorsement, clinical status, or claim of superiority.

Capabilities practiced across the experience.

01

AWARENESS

Notice your starting point without judgment.

02

CLARITY

Select one responsible direction.

03

BALANCE

Adjust without abandoning the practice.

04

ENERGY

Match action to the energy honestly available.

05

FOCUS

Return attention to one chosen action.

06

PURPOSE

Connect action to a reason that matters now.

07

IDENTITY

Express without performing for approval.

08

RITUAL

Repeat what supports you by choice.

09

CONNECTION

Carry private practice into relationship.

10

INTEGRATION

Combine what is useful into one pattern.

11

ACTIVATION

Choose what comes next.

How to complete one day.

1

SET YOUR EXPERIENCE

Choose your beauty-practice preference, SATA-CODA™ sound preference, and motion preference. DuME™ Cinema is the same experience on every supported device.

2

BEGIN THE 11-MINUTE EXPERIENCE

Press BEGIN. The experience moves through RESET, IGNITE, and INTEGRATE. You control when to advance between phases.

3

KEEP HUMAN AUTHORITY

Pause, modify, skip, repeat, reduce motion, participate product-free, mute audio, or end intentionally at any time.

4

COMPLETE OR END INTENTIONALLY

Reaching the final prompt or choosing to end records completion on the current device.

5

REFLECT PRIVATELY OR SHARE SELECTED FEEDBACK

Private reflection remains separate from feedback intentionally submitted to DuME™ BEAUTY or Skool.

One experience. Motion is a preference.

DuME™ Cinema is the single visual and interaction language for the 11-Day experience across phone, tablet, desktop, display, and supported headset-browser presentations.

FULL MOTION

Gentle constellation movement and phase-specific visual transitions. The RESET · IGNITE · INTEGRATE sequence, timing, prompts, controls, and completion standard remain unchanged.

REDUCE MOTION

The same DuME™ Cinema composition with decorative motion reduced or removed. It is an accessibility preference, not a different method or lower-level experience.

THE RHYTHM

RESET

Orient. Notice the starting point. Reduce unnecessary competition between inputs.

IGNITE

Choose and complete one deliberate beauty or presence action.

INTEGRATE

Notice what changed, what remained, and what is useful to carry forward.

ON-SCREEN GUIDANCE IS CONSISTENT ACROSS DEVICES • SATA-CODA™ AUDIO IS OPTIONAL

Your reflection belongs to you.

The Save Private Reflection control stores the text on the same browser and device. It is not automatically sent to DuME™ BEAUTY, Skool, the AI Sales Agent, or another participant.

PRIVATE REFLECTION

Optional. Saved on the current device. It may disappear if browser storage is cleared, private browsing is used, or another device is opened.

ANGEL FEEDBACK

Submitted separately through an approved feedback form or Skool prompt. Only information intentionally selected should be collected.

RECOMMENDED SEPARATION

Keep personal reflection private by default. Ask for ratings and short design feedback separately. Use explicit choice before sharing reflection text.

PARTICIPANT CONTROL

The participant may leave reflection blank, revise it, copy it, download it, or decline to submit feedback.

PRIVATE BY DEFAULT · SHARED BY CHOICE

Completion preserves choice.

Day 11 illuminates the Activation node and presents four equally dignified paths. Completion does not require a perfect streak or a specific outcome.

A

COMPLETE THE JOURNEY

Leave with the constellation and the personal ritual you developed.

B

CONTINUE YOUR BEAUTY PRACTICE

Use an optional integration path without entering a different environment.

C

EXPLORE ZEN-TECH™ EXPERIENCE

Continue into a clearly separated optional next-stage immersive experience after completing the 11-Day Constellation.

D

NOT NOW

End without pressure and return later if appropriate.

The experience continues through a clear return.

DuME™ WEB EXPERIENCE

Interactive ritual, timer, DuME™ Cinema, optional SATA-CODA™ audio, product preference, constellation state, and private reflection.

PRIVATE SKOOL COURSE

Orientation, daily context, community, intentionally submitted feedback, support, and the return link.

ANGEL ELIGIBILITY

The current DuME™ BEAUTY Angels program is for adults age 18 and older, across all genders and adult generations, with no upper age limit.

BEFORE AND AFTER EACH PRACTICE

Read the daily briefing, open the matching 11-minute experience, save a private reflection if desired, and return to the private course for the next step.

BEGIN WITH AWARENESS

This is a general wellness and experience-design program. It is not medical care, diagnosis, treatment, or a guarantee of outcomes. Product use remains optional and should follow product directions and participant comfort.